

West of Scotland Paediatric Gastroenterology, Hepatology and Nutrition Network



**WoSPGHaN**



[www.wospghan.scot.nhs.uk](http://www.wospghan.scot.nhs.uk)

Training Package for Parents/carers

# **Bolus Nasogastric Feeding**

Parent/carer Name	
Child's Name	

	Date	Trainer signature	Parent/carer signature
<b>Procedure discussed with parent/carer</b>			
<b>Procedure observed by parent/carer</b>			
<b>Procedure performed by parent/carer with supervision</b>			
<b>Procedure performed by parent/carer under observation by trainer</b>			
<b>Parent/carer is confident to practice procedure</b>			
<b>Trainer is confident that parent or carer is able to practise unsupervised</b>			

<b>Steps of procedure</b>	<b>Procedure discussed</b>	<b>Procedure observed</b>	<b>Procedure performed with supervision</b>	<b>Procedure performed under observation by trainer</b>	<b>Parent/carer is confident to practice procedure</b>
How to acquire equipment and supplies					
How to acquire feed					
Effective hand hygiene					
Feed hygiene					
Collect equipment on clean dry surface					
Check correct feed and can make up feed correctly					
Check expiry date on feed and ensure packaging intact					
Explain procedure to child/young person					
Position the child/young person for feeding					

<b>Steps of procedure</b>	<b>Procedure discussed</b>	<b>Procedure observed</b>	<b>Procedure performed with supervision</b>	<b>Procedure performed under observation by trainer</b>	<b>Parent/carer is confident to practice procedure</b>
Check pH of aspirate from the tube is 5.5 or less to ensure correct position of tube in stomach					
Attach syringe(without plunger) to end of feeding tube					
Flush tube with at least 10mls of cooled boiled water or according to child's individual feeding plan					
Slowly administer required amount of feed via syringe over 15-30 minutes					
Adjust height of syringe to control flow rate					
Once feed complete, flush tube with at least 10mls of cooled boiled water or according to child's individual feeding plan					
Remove syringe and close end cap on nasogastric tube					
Document type of feed and amount given (if appropriate)					

<b>Steps of procedure</b>	<b>Procedure discussed</b>	<b>Procedure observed</b>	<b>Procedure performed with supervision</b>	<b>Procedure performed under observation by trainer</b>	<b>Parent/carer is confident to practice procedure</b>
Disposal of waste					
Discuss possible problems including tube blockage					
How to seek help or advice					

Adapted by West of Scotland Paediatric Gastroenterology, Hepatology and Nutrition Managed Clinical Network (WoSPGHaN) with permission from NHS Lanarkshire Community Children's Nursing Team.  
If you would like more information, visit the website [www.wospghan.scot.nhs.uk](http://www.wospghan.scot.nhs.uk)

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